



MAY NEWS

2023 Celebrates “EXPANDING OUR HORIZONS”

Welcome! We are the San Diego chapter of the American Needlepoint Guild. We meet monthly to share our love of stitching and welcome all who share our passion, from beginners to needlepoint designers. We offer workshops with nationally known designers, open stitching opportunities, and great conversation with like-minded people. Please join us - Email membership@sdang.org today.

Connect with us, Meet with us, Stitch with us!

SDANG BOARD

President

Joanne Einhorn
president@sdang.org

Co-VP-Programs

Pamela Harding & Michelle
Crownhart
programs@sdang.org

VP-Membership

Chris Loudon
membership@sdang.org

Secretary

Jo Ann Jackson
secretary@sdang.org

Treasurer

Jan Woolsey
treasurer@sdang.org

Workshops

Open
workshop@sdang.org

Technology/Social Media

Shirley Chin
webmaster@sdang.org

Newsletter

Sheryl Forster
newsletter@sdang.org

Donations

Susan Driscoll-Bannister
donation@sdang.org

CHAPTER MEETINGS

Note: Changes in “Red”

Chapter Meetings – 2nd Tuesday @ 7:00pm – Hybrid

In Person San Diego Location: Access, 6212 Daniel Ave, SD 92111

Zoom: <https://us02web.zoom.us/j/84276739008?pwd=U3lnNzJuQlh6Z0hZM0YyS21wOVhtTUT09>

Meeting ID: 842 7673 9008

Passcode: SDANG

One tap mobile

+16699009128,,84276739008#,,,,*248764# US (San Jose)

+12532158782,,84276739008#,,,,*248764# US (Tacoma)

Dial by your location

+1 669 900 9128 US (San Jose) +1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston) +1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago) +1 646 558 8656 US (New York)

Meeting ID: 842 7673 9008 Passcode: 248764

Find your local number: <https://us02web.zoom.us/j/kAG53sTil>

In Person Social Stitching San Diego – 1st Friday @ 10:30am-2:00pm PST

Location: Access, 6212 Daniel Ave, SD 92111

Join Our Zoom Meetings - All invited

Social Stitching - 2nd Sunday @ 12:00pm PST - Hosted by Jennifer Kiss

<https://us02web.zoom.us/j/87002205776?pwd=UzVsRXZHc214Q0djcjZ4WlZlNkQ1KQT09>

Meeting ID: 870 0220 5776 Passcode: social

Social Stitching - 4th Sunday @ 12:00pm PST – Hosted by Jo Ann Jackson

<https://us02web.zoom.us/j/81626970812?pwd=YXJ5ek9EL3VJeGVVYitFNDNRWjhqQT09>

Meeting ID: 816 2697 0812 Passcode: 118516

Pajama Party - 2nd Friday @ 7:30pm PST - Hosted by Margi Thornburgh & Jo Ann Jackson

<https://us02web.zoom.us/j/85458227134?pwd=M2tDVDQydGMxeHJrZXZ4QTVUTGZEQT09>

Meeting ID: 854 5822 7134 Passcode: pajama

Pajama Party - 4th Friday @ 7:30pm PST - Hosted by Margi Thornburgh & Jo Ann Jackson

<https://us02web.zoom.us/j/83727823665?pwd=ekhesUxCWC9jbUM5VjZrY3V5SFNDUT09>

Meeting ID: 837 2782 3665 Passcode: pajama



PRESIDENT'S MESSAGE

I can't believe it's May already. I don't know how April passed by so quickly. Of course, I've been busy - yet this month seemed to disappear almost before it began.

My stitching life is going well. I finished a few canvases at the Old Town Needlearts Retreat in Tucson at the beginning of the month, resulting in a visit to my favorite framer. I hadn't been there in over six months. My local framer has become a friend and an expert in designing frames for needlework. And her reputation is spreading as more and more needlepoint pieces are coming into her shop. She gave me a tour of some of the canvases that she's currently working on. I was impressed by the skill, variety, and creativity of the stitchers. In particular, two were really interesting. She was working on frames for the same painted canvas stitched by two different stitchers. It looked as though the stitchers started with the same stitch guide as a number of the areas were identically stitched. But then they each customized it with a variety of different stitches, beads and threads. What a difference! Both completed pieces were beautiful but unique.

That's one of the reasons I'm such a fan of needlepoint. To me, it's like cooking - I love to cook and often follow recipes. Just as often, I use a recipe as a starting point and create versions of the food that reflect me and my style. Isn't that true with needlepoint? In another example, we couldn't have had the book or musical Wicked if L. Frank Baum hadn't written The Wizard of Oz. Both are wonderful. I've often thought about the different types of creativity. Some people can create art (and I include cooking and writing as types of art) from inception. Others create art by taking an existing idea or design and making it into something uniquely theirs. Both are talents that I appreciate.

My SDANG life has been busy as well. We've been getting ready for our May 6th Lifetime Achievement Luncheon honoring Jill Rigoli and Sandy Higgins. I'm really looking forward to celebrating two members who I consider Needlepoint Icons. We'll share photos next month!

I'm also excited about this month's program. Michelle Crownhart has found an expert who will talk about dealing with the physical side of stitching. I'm hoping to learn ways to keep me stitching for years to come...

Thanks to all of you who have renewed your registrations this month! Happy stitching.

Joanne Einhorn

... in the Loop with SDANG'S LEADERSHIP

President:	President's Message - see Pg 2
VP Programs:	2023 programs, Feb program highlights - see Pg 4-5
VP Membership:	SDANG Membership Renewal due May 1 st . 210 members total & 2 new members - see Pg 3
Secretary:	Minutes posted on Groups.io
Treasurer:	See Pg 5
Donations:	SDANG's Needlepoint Expo - see Pg 6
Workshops:	Debbie Rowley workshop planned for Oct 21-22, 2023.
Technology:	See Pg 6
Newsletter:	Feedback always welcome by contacting Sheryl Forster at sforste@gmail.com

IMPORTANT NOTICE

**** Welcome 2 new members****

**Graciela Rosinsky - Tarzana, CA
Sasha Smith - Valley Village, CA**

The Chapter has 210 members.

MEMBERSHIP RENEWAL TIME!

It is time to renew your dues to SDANG. Our membership year runs from May 1 through April 30. The dues are \$21/year or you can renew for two years for \$40. Your dues provide you with the Chapter newsletter, monthly meeting and workshop opportunities, stitch-ins and pajama stitching parties and camaraderie with fellow stitchers. **The following members have already paid their 2023-2024 dues.** If your name is **not** on this list, you can pay your dues on the website <https://sdang.org/membership/>. If you would like to pay by check, please fill out the form online and indicate you will be paying by check. The mailing address is:

SDANG Membership, 11858 Abercorn Ct.
Reston, VA 20191-2703

If you have any questions, please contact me at membership@sdang.org

Diane Ackley	Danice Dean	Nancy Hill	Mary Middleton	Barbi Sherman
Doris Akers	Nancy Deguia	Rozelle Hirschfelt	Lucy Miller	Fran Silver
Cari Arn	Janet Dix	Amanda Holmes	Toni Montrone	Eileen Siurna
Jane Barnes	Marietta Douglas	Nancy Holub	Willie Moore	Sasha Smith
Jana Bass	Trudy Downing	Javiva Horne	Linda Mosch	Kate Sparks
Jane Bauch	Susan Driscoll-	Nancy Horne	Sharon Mozeko	Gail Starks
Victoria Becker	Bannister	Stephanie Horsley	Robin Myers	Nancy Steenson
Mary Ellen Bell	Noelle Drollas	Jo Ann Jackson	Candyce Nail	Karen Stephens
Margaret Bendig	Jean Early	Merry Jackson	Lisa Newsome	Theresa Swiecicki
Judi Benetz	Lisa Eddo	Nadine Jackson	Virginia Noe	Deborah Thomas
Laurie Bowers-Kane	Joanne Einhorn	Susan Johnston	Kathy Ousley	Raenell Transue
Lala Bowman	Barbara Evans	Ellen Kee	Denise Park	Diane Trobaugh
Laura Breen	Mary Farias	Judy Kelley	Nancy Paul	Cammie Vail
Ellen Briggs	Sheryl Forster	Mary Beth Kelly	Kathleen Peterson	Vickie van Lune
Michele Brown	CJ Frye	Pamela Kimball	Linda Pleyer	Rose Viqueira
Shirley Burns	Michelle Ganoff	Rosemary Kimball	Marilyn Prall	Helen Voronin
Mary Busch	Janice Geipel	Lindsay Kimnach	Marianne Randall	Barbara Waldman
Collette Canavan	Jo Anne Ghazi	Jennifer Kiss	Louise Rapoport	Marcia Watanabe
Christine Carlin	Patricia Glynn	Rose Marie Konet	Cleta Raymond	Eloise Watts
Stephanie Carroll	Holly Gold	Jean Krinsky	Diane Reed	Patricia Weed
Sue Cathcart	Cynthia Goldblatt	Pat Kutzbach	Sue Reed	Lorie Welker
Nanette Cebulski	Lenora Goodliffe	Donna B LaGanga	Vanessa Richards	Esther Wells
Shirley Chin	Christa Gorham	Chris LaVino	Cynthia Rigoni	Pat West
Connie Cool	Anne Gray	Joyce Lauener	Alex Rockefeller	Frances Whiting
Susan Cooper	Carla Hamilton	Eva Levi	Jeannie Roehrs	Debbie Wolf
Jane Cornue	Carrie Hancock	Ilene Levine	Meredith Roesch	Stephanie Wong
Pat Corez	Pamela Harding	Barbara Levy	Graciela Rosinsky	Jan Woolsey
Patty Coughlin	Sherri Hawley	Carley Linn	Vicki Roti	Kristin Yates
Moira Crabtree	Cindy Heller	Penny Luce	Mary Lou Rotoli	Ferris Yayasaki
Pat Crane	Sandra Helt	Kelly Lynn	Dorothy Rowan	
Lisa Crespo	Anne Henry	Katherine Matthews	Heather Ryan	
Barbara Crick	Dian Higginbotham	Valerie McAleenan	Cynthia Sauder	
Michelle Crownhart	Jo Brooks Higgins	Catherine McEnerney	Pat Schwarz	
Cathryn Curia	Sandra Higgins	Kathy Medlock	Kimberly Scott	
		Colleen Miceli		



**HAPPY
MAY
BIRTHDAYS**

- 02 Diane Block
- 05 Nancy Steenson
- 06 Helen Veronin
- 07 Denise Park & Barbara Waldman
- 09 Diane Reed
- 20 Sandra Helt
- 22 Susan Cooper
- 25 Merry Jackson & Kathleen Peterson
- 26 Cindy Heller & Mary Kirk
- 28 Marilyn Prall



**MAY symbolizes Growth, Love & Success
And Asian American Month**

- 01 May Day & Lei Day in Hawaii
- 05 Cinco de Mayo
- 06 National Nurses' Day
- 09 National Teachers' Day
- 10 National Clean Up Your Room Day
- 14 Mothers' Day
- 15 National Chocolate Chip Day
- 20 National Armed Forces Day
- 25 National Wine Day
- 29 Memorial Day



**PROGRAMS 2023 - Expanding Our Needlepoint Skills”
Michelle Crownhart & Pamela Harding, Co-VPs, Programs**

If you are interested in completing “Layers of Leaves” project, complete the electronic fillable PDF Registration Form available on the SDANG website www.sdang.org , save with your last name, & email it to Programs@SDANG.org to receive your stitch guide & supplies list.

Notes: You can join us on our journey for “Stitch of the Month” or “Layers of Leaves” at any time throughout the year. Parts 3 & 4 of the 2023 Stitch of the Month is now posted on the ANG website under [Distance Learning>2023 Stitch of the Month](#).

May Deryl Pace, PT, DPT - “Common Types of Needlepoint Injuries & Helpful Stretches & Exercise”

A native Rhode Islander, Deryl graduated from the University of Rhode Island with a Doctorate in Physical Therapy in 2015. She enjoys building relationships with her patients and uses various manual therapy techniques and exercises to help her patients achieve their goals. Deryl is certified in Selective Functional Movement Assessment, Functional Dry Needling, and Graston Technique.

She is also a 2006 graduate of Connecticut College where she received her BA degree in Psychology and Religious Studies. She returned to school to pursue Physical Therapy as a career because of her own experiences being injured while training for her second marathon.

In her spare time, Deryl loves to sail, ski, scuba dive, cook, bake, needlepoint, and be active outdoors. She has been needlepointing since her grandmother taught her as a teenager. She has rowed competitively at Connecticut College, has sailed competitively since she was young, and most recently has been involved with 12 Meter racing out of Newport, RI. She and her husband, Erik, are newlyweds and live in East Providence, RI with their two dogs: Brody and Annabelle.

- Jun** Presentation of Parts 4-6 of ANG’s Stitch of the Month
- Jul** “Layers of Leaves” - Part 3
- Aug** Stay tuned - It’s a surprise.
- Sep** Presentation of Parts 7-9 of ANG’s Stitch of the Month
- Oct** “Layers of Leaves” - Part 4
- Nov** TBD
- Dec** Holiday Party
- Jan 2024** Presentation of Parts 10-12 of ANG’s Stitch of the Month

HIGHLIGHTS - April Program

“Layers of Leaves” - Part 2 Highlights by Pamela Harding

- Join the Facebook group for this project - Examples of many colorways with pictures, alternate finishing techniques, hints for success, & problem solving. This has become to “go to” for companionship & inspiration through the “Leaves” year long journey.
⇒ <https://www.facebook.com/groups/581826153295130> or search the group 2023 Layers of Leaves Project.
- Why buy new threads? This is a great “stash buster” & a chance to exchange or share threads with friends.
- Thread Conversion: Use any thread equivalent to #5 Perle Cotton
- Canvas Equivalent: 18ct canvas - use 4 plys of stranded thread - 13 ct canvas - use 6 plys
- Stitch a small sample of each, affix it to a business card with title, and add to your stitch notebook.

Door Prize Winners: Cari Arn Carla Hamilton Nancy Horne Sue Reed Fran Silver



TREASURER’S TROVE - “Expanding our Financial Security”

Jan Woolsey, Treasurer

Mid-Mar 2023 Budget Summary

	Budget		Actuals	% of Budget
~ Income	\$ 18,400	\$	4,272	23%
~ Expenses	\$ 21,495	\$	2,309	11%
~ Anticipated Deficit	<u>\$. (3,095)</u>	<u>\$</u>	<u>1,963</u>	<u>-63%</u>

* Income reflects multi-year dues paid in 2022.

* Income includes income received from the Lifetime Achievement luncheon -including \$1300 underwriting.

* In light of luncheon, income & expenses are in line with expected levels at this point in the year.

* We have 38 people registered for the luncheon - deadline was April 15th.

* We still have SDANG Tape, magnets, and pin sets available for purchase - contact Jan at treasurer@sdang.org to obtain them.

Total Assets as of 1/31/2022

~ San Diego County Credit Union	\$ 35,393.32
~ PayPal	\$ 559.70
Total Cash Assets	<u>\$ 35,953.02</u>



“EXPANDING OUR TECHNOLOGY & SOCIAL MEDIA”

Shirley Chin & Lucy Miller

Social Media: Please welcome new member, Lucy Miller, who is heading up the social media content on SDANG's Instagram & Facebook sites. One of her projects is “Tips & Tricks Tuesdays” which needs your expertise. A tentative agenda is below & needs your knowledge for content development. This is exciting for everyone - “we can always learn something new.” So far, topics covered have been Needleinders, Chapter Perks, Laying tools, and French Knots vs Colonial Knots,

May 2 L-stitch - Staring a Canvas

May 9 How to Read a Stitch Guide - Teachers write them in different ways.

May 16 Scissors - Types & Uses

May 23 Beginning Stitches - History & Why - Tent, Continental, Basketweave, Bargello

DON'T BE LATE - SAVE THE DATE!

SDANG'S NEEDLEPOINT EXPO SALE

This is your chance sell items from your stash.

If you donate, 100% goes to SDANG.

If you are present to sell you item/s, you have the option of retaining 50% & 50% does to SDANG.

DATE: Sunday, July 9TH, 2023

LOCATION: Access, 6212 Daniel Ave, SD 92111

DETAILS: Shirley Chin will be teaching new stitchers & have pre-made kits available but welcomes volunteer teachers.

FOOD: Several Mexican food trucks will be attending the occasion for all to enjoy.

DEL MAR FAIR

Theme: “Get Out There” (great outdoors)

Stitching Entry Deadline - May 8th

DATE: Fair runs June 7th – July 4th
SDANG's “Make It & Take It” - TBD

LOCATION: Del Mar Fair Grounds, Del Mar, CA

FAIR INFO: <https://www.sdfair.com>

HELP NEEDED:

1. We need a point person/leader - Shirley Chin is not available this year.
2. Please enter you finished needlepoint. Each year the number of entries has decreased, and the chapter will not be able to participate if this doesn't change. Everyone has such beautiful work hidden away - pull it out and promote needlepoint as an art for now and in the future. This really encourages new artists, young & old. Just ask our newest members!

WORKSHOP by Deborah Rowley

October 21-22, 2023

Informational Flyer will be available at a later date with further details

FRESH FINDS



1st Tuesdays with June McKnight (ZOOM)

This is a mini class in partnership with Old World Designs. Each month June will share her needlepoint knowledge & experience on a variety of topics.

May 2nd: "Stitches for Borders"

***May 30th:** "Lace Backgrounds"

DATE: 1st Tuesdays (*date change)
6:00pm - 7:00pm PST

COST: \$25/class

LOCATION: Zoom link will be sent on registration

CONTACT: Old World Designs @ 650-321-3494
to register & receive Zoom links



CONGRATULATIONS!

Point to Point Chapter is celebrating their 40th Anniversary this year!

Take a moment to congratulate the chapter at the email below

PointToPointANG@gmail.com



Rose Petal Jam

Roses are in bloom, so make one of England's iconic favorites for your tea & scones while stitching.

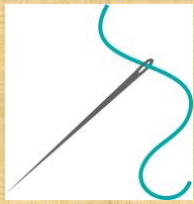
1 ½ cups filtered water

2 cups lightly packed, fragrant rose petals (or what would be a perfectly comfy fairy bed) - no pesticides!

2 cups castor sugar

3 tablespoons fresh lemon juice

- Place rose petals in a bowl, sprinkle with ½ cup of the sugar, coat & gently bruise the petals with your fingers, cover bowl with plastic wrap, and refrigerate overnight.
- Place water & remaining sugar in a saucepan, gently heat until sugar dissolves stirring constantly.
- Add the lemon juice, stir in rose petal sugar mixture, simmer while stirring for 20 minutes.
- Increase heat to rolling boil while stirring for another 5 minutes until mixture is slightly thickened or 'set test' ...drop a spoonful onto a chilled plate - if it keeps its shape, it's ready.
- Remove from heat & pour into sterilized containers (dishwasher with "heat dry" works) & let cool.
- Refrigerate for up to 2 months in the refrigerator or freezes well for longer.



SDANG'S NEEDLE ARTIST GALLERY

Please send pictures of your finished pieces with the following info:

- * Your name & Location
- * Name of the canvas & designer
- * Description & any stitches, embellishments, or techniques used.
- * If the piece is still "on the bars," how do you plan to finish it?

Email your pictures and descriptions to sforste@gmail.com by the 21st of each month.

Sandy Higgins's - Family Stockings

Both stockings were stitched & finished by Sandy.

Designer - Mayo



Designer - Susan Tregalin



Sandy Higgins's - Ornaments by Janet Casey

Both ornaments were stitched & finished by Sandy.



Linda Mosch's - "Jacobean Crewel Embroidery" by Carolyn Peao Currier

“This is a pilot piece for an EGA Individual Correspondence Course.”



Linda Mosch's - "Starstruck" by Debbie Rowley
“This is a class I took at the 2022 ANG Seminar in Tucson.”



2023 ANG NATIONAL NEWS



ZOOM ALERT

To enhance our chapter meeting experience, we're making a simple change to our zoom meeting.

1. As soon as the program is over, we will turn off the zoom on-site camera.
2. Our Remote Members: The social zoom session will continue with Jo Ann Jackson moderating.
3. Our On-site Members: Continue socializing on-site after the program. The building has no time restrictions.

Thank you for your understanding – We're still in "new technology" learning mode.

ZOOM ETIQUETTE

Thank you for your patience as we've been learning how to connect with our members via Zoom. Based on the lessons learned through trial and error. This is what we've learned:

1. Telephone access on the "social zoom calls" has been eliminated.
Rationale: Safety & privacy concerns were raised about members phoning in, attending in silence with only a blank screen during the 4-hour social sessions.
*Telephone access will still be accessible for board and chapter meetings.
2. Full names are required to be displayed on the screen during the meeting (both Video & Telephone access). A temporary name change can be made & switched back after the meeting.
Rationale: The safety, security and connection between members is at risk. Additionally, we've found there are multiple "Pats", "Joannes", "ipads," and names other than that of the member. *Members will be asked to change their names. If you decline, you will be removed from the meeting.
3. Video and sound are to remain "ON" during the meeting. Please "MUTE" yourself when background noise impacts the meeting.
Rationale: We love seeing & hearing from you - not the dog, TV or echoes from the bathroom.
4. Zoom links, Log in codes, Passwords, and In Person sites will be available in multiple locations.
Rationale: We are committed to providing consistent, easy access to all SDANG electronic activities and eliminate the frustrations we've heard.
Locations: The Newsletter's front page, the SDANG website, the ANG website, and Email. is now devoted communication
5. "They are back by popular demand!" Thanks to our moderators, Jennifer Kiss, Margi Thornburgh, Jo Ann Jackson, and Heather Cowan who have agreed to continue.



NEEDLEPOINT RESOURCES

Est. 1972

SANDY'S FINISHING TOUCHES

*Professional Blocking and Finishing
For Your Fine Needlework*

Sandy Higgins

<http://sites.google.com/site/sandysfinishingtouches/home>

(858) 274-0306
sandysfinishing@gmail.com

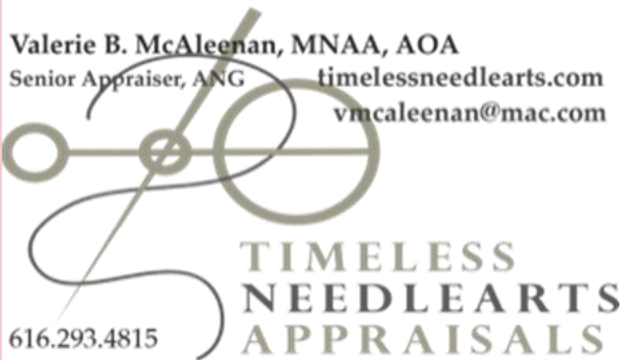
5455 Soledad Road
La Jolla, CA 92037

FAMILY ARTS //
NEEDLEWORK
 // SHOP

5555 North 7th Street / Suite 144
 Phoenix, AZ 85014
 (602) 277-0694
 email: familyarts@familyartsaz.com
 www.familyartsneedlework.com

JULIE ELDER
 DIRECTOR

Valerie B. McAleenan, MNA, AOA
 Senior Appraiser, ANG
 timelessneedlearts.com
 vmcaleenan@mac.com



616.293.4815

**TIMELESS
NEEDLEARTS
APPRAISALS**

shop owners
allyson farrimond & annette paape



let's stitch together!

(p): 512.451.6931 | (a): 4401 Medical Pkwy. Austin, TX 78756
(e): annette@theneedleworks.com | allyson@theneedleworks.com
www.theneedleworks.com



Have a burgeoning stash? I can help find
new homes for things you would like to sell.

For more information:

Needlearts@comcast.net – 206-406-5642