



JUNE NEWS

2023 Celebrates “EXPANDING OUR HORIZONS”

Welcome! We are the San Diego chapter of the American Needlepoint Guild. We meet monthly to share our love of stitching and welcome all who share our passion, from beginners to needlepoint designers. We offer workshops with nationally known designers, open stitching opportunities, and great conversation with like-minded people. Please join us - Email membership@sdang.org today.

Connect with us, Meet with us, Stitch with us!

SDANG BOARD

President

Joanne Einhorn
president@sdang.org

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Newsletter

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Donations

Susan Driscoll-Bannister
donation@sdang.org

CHAPTER MEETINGS

Note: Changes in “Red”

Chapter Meetings – 2nd Tuesday @ 7:00pm – Hybrid

In Person San Diego Location: Access, 6212 Daniel Ave, SD 92111

Zoom: <https://us02web.zoom.us/j/84276739008?pwd=U3lnNzJuQlh6Z0hZM0YyS21wOVhTUT09>

Meeting ID: 842 7673 9008

Passcode: SDANG

One tap mobile

+16699009128,,84276739008#,,,,*248764# US (San Jose)

+12532158782,,84276739008#,,,,*248764# US (Tacoma)

Dial by your location

+1 669 900 9128 US (San Jose) +1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston) +1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago) +1 646 558 8656 US (New York)

Meeting ID: 842 7673 9008

Passcode: 248764

Find your local number: <https://us02web.zoom.us/j/kAG53sTil>

In Person Social Stitching San Diego – 1st Friday @ 10:30am-2:00pm PST

Location: Access, 6212 Daniel Ave, SD 92111

Join Our Zoom Meetings - All invited

Social Stitching - 2nd Sunday @ 12:00pm PST - Hosted by Jennifer Kiss

<https://us02web.zoom.us/j/87002205776?pwd=UzVsRXZHc214Q0djZ4WIZNQXlKQT09>

Meeting ID: 870 0220 5776

Passcode: social

Social Stitching - 4th Sunday @ 12:00pm PST – Hosted by Jo Ann Jackson

<https://us02web.zoom.us/j/81626970812?pwd=YXJ5ek9EL3VJeGVVYitFNDRRWjhqQT09>

Meeting ID: 816 2697 0812

Passcode: 118516

Pajama Party - 2nd Friday @ 7:30pm PST - Hosted by Margi Thornburgh & Jo Ann Jackson

<https://us02web.zoom.us/j/85458227134?pwd=M2tDVDQydGMxeHJrZXZ4QTVUTGZEQT09>

Meeting ID: 854 5822 7134

Passcode: pajama

Pajama Party - 4th Friday @ 7:30pm PST - Hosted by Margi Thornburgh & Jo Ann Jackson

<https://us02web.zoom.us/j/83727823665?pwd=ekhesUxwCWC9jbUM5VjZrY3V5SFNDUT09>

Meeting ID: 837 2782 3665

Passcode: pajama



PRESIDENT'S MESSAGE

Hello, everyone, welcome to June!

It's a bit sad saying goodbye to May which was a great month, starting off with SDANG's Lifetime Achievement Luncheon honoring Jill Rigoli and Sandy Higgins. Thanks to those of you who helped, sent testimonials, and attended the event. We lucked out with the weather; it was a beautiful day. The setting was perfect. The food was great. The company amazing: SDANG members, family members, colleagues and friends who travelled long distances to attend. Sandy and Jill's daughters' speeches told us much more than we had known about their mothers' needlepoint journeys. Plus, we displayed a number of Jill and Sandy's needlework creations to the delight of the attendees and the restaurant staff. The staff were so impressed, they kept bringing other employees over to view the needlepoint, taking photos as well. It's always wonderful to show non stitchers just how creative and beautiful needlepoint is! Especially when the pieces have been stitched by the masters like Sandy and Jill. Ultimately, the luncheon was a fitting celebration of our two iconic Charter Members who have added so much to the needlepoint world and our chapter.

You will probably be reading this while I'm either on an airplane or in England! My husband and I are taking our first trip since before Covid. We'll cruise around the British Isles. Of course, one of my priorities has been to determine which needlepoint projects I'll take along! I don't have many small canvases in my stash, so it required a trip to Needle Nook of La Jolla to pick out a new canvas and accompanying threads. What fun! This morning I talked with Shirley Chin who just came home from an extended European trip. She told me she stitched for 10 hours on the plane ride home! I'm hoping to sleep a bit on the plane, but I'm not a great sleeper, so stitching is definitely in my future. Unfortunately, I don't believe that there are many needlepoint stores in Great Britain, so I'll just be satisfied with what I bring.

I've talked with friends who stitch everywhere - at doctors' offices, in the car, at meetings...What about you? Are you comfortable stitching outside of your normal habitat?

The San Diego County Fair (previously called the Del Mar Fair), opens on June 7th. As usual, SDANG is participating in a number of ways. The Chapter gives out two awards each year in the Needlepoint Categories above what the Fair designates. Plus, the Chapter will staff a "Make and Take" Table on July 2 between 12 PM and 3 PM, introducing Fairgoers to the art and fun of needlepoint. Lucy Miller is heading that project. Contact her if you'd like to participate.

I'll miss seeing you at the meeting this month. See you in July! Be well and keep on stitching!

Joanne

... in the Loop with SDANG'S LEADERSHIP

President:	President's Message - see Pg 2 - Luncheon pictures - see Pgs 10-11
VP Programs:	2023 programs, May program highlights - see Pg 4
VP Membership:	SDANG Membership - 202 members total - see Pg 3
Secretary:	Minutes posted on Groups.io
Treasurer:	See Pg 5
Donations:	SDANG's Needlepoint Expo - see Pg 5
Workshops:	Debbie Rowley workshop planned for Oct 21-22, 2023.
Technology:	See Pg 3
Artists' Gallery:	See Pgs 7-8
Newsletter:	Feedback always welcome by contacting Sheryl Forster at slforste@gmail.com

“EXPANDING OUR MEMBERSHIP”

Chris Loudin, VP, Membership

The Chapter has 202 members!

Thank you to everyone that has renewed your SDANG membership. If you have any questions about membership, please contact me at membership@sdang.org

NEW MEMBER RECRUITMENT UPDATE

As discussed in our Board & General meetings, we'd like all members to reach out to states where we currently do not have members and encourage them to join, particularly states which do not have an ANG chapter. Everyone needs a “stitching home” to learn, share ideas, and encourage others. We do not have members in the states listed below - those in red do not have an ANG chapter.

Alaska Hawaii Kentucky Maine Mississippi Montana New Hampshire
North Dakota Oklahoma Rhode Island South Dakota Vermont Wisconsin Wyoming

HAPPY JUNE BIRTHDAYS

02 Graciela Rosinsky	05 Kim Spear
06 Shirley Chin	07 Susan Johnston
08 Mary Busch	09 Frances Whiting
10 Jana Bass	15 Rose Marie Konet
18 Marianne Randall	19 Cammie Vail
20 Christa Gorham	21 Joanne Einhorn
23 Frances Silver	24 Kathy Medlock
25 Barbara Crick	26 Margaret Bendig
27 Donna Brandeis LaGanga	

School's Out, Flowers in full Bloom, Summer Officially Starts, & Strawberries Abound

- 01 Say Something Nice Day
- 03 Full Strawberry Moon
- 05 National Cancer Survivors' Day
- 06 1872 Susan B Anthony fined for voting in a presidential election
- 14 Flag Day - fly your flag proudly.
- 17 National Eat Your Vegetables Day
- 18 Father's Day
- 19 Juneteenth (Emancipation Day)
- 21 Summer Solstice
- 22 National Kissing Day
- 28 World War I ended.

“EXPANDING OUR TECHNOLOGY & SOCIAL MEDIA”

Shirley Chin & Lucy Miller

Social Media: Please check out SDANG's Facebook & Instagram accounts for helpful tips by Lucy Miller. Send her any ideas or suggestions that would help our new stitchers on their needlepoint learning journey & rekindle some of those things we may have forgotten over the years.

PROGRAMS 2023 - “Expanding Our Needlepoint Skills”
Michelle Crownhart & Pamela Harding, Co-VPs, Programs

If you are interested in completing “Layers of Leaves” project, complete the electronic fillable PDF Registration Form available on the SDANG website www.sdang.org , save with your last name, & email it to Programs@SDANG.org to receive your stitch guide & supplies list.

Notes: You can join us on our journey for “Stitch of the Month” or “Layers of Leaves” at any time throughout the year. Parts 3 & 4 of the 2023 Stitch of the Month is now posted on the ANG website under [Distance Learning>2023 Stitch of the Month](#).

Jun	Presentation of Parts 4-6 of ANG’s Stitch of the Month
Jul	“Layers of Leaves” - Part 3
Aug	“Show & Share” - Everyone has their choice of either sharing their first needlepoint project or their favorite needlepoint project (and why it is their favorite.)
Sep	Presentation of Parts 7-9 of ANG’s Stitch of the Month
Oct	“Layers of Leaves” - Part 4
Nov	TBD
Dec	Holiday Party
Jan 2024	Presentation of Parts 10-12 of ANG’s Stitch of the Month

As always, we want to hear from you what you would like to see for program ideas. We have a few things in the pipeline but would really like to hear your ideas.
Thanks so much!

Michelle Crownhart – 619-246-7681 Pamela Harding – 206-406-5642

Please use the email – Programs@SDANG.org This allows either of us to respond to messages, and the other knows what has occurred.

HIGHLIGHTS - May Program

Deryl Pace, PT, DPT - “Common Types of Needlepoint Injuries & Helpful Stretches & Exercise”

Deryl presented an excellent program focusing on the parts of our body most effected while stitching but could be applicable to everyday working postures. Her approach was clear and simple to follow and addressed areas we may not have considered as stressors during sitting & stitching or standing. She also presented techniques for using ice massage effectively. Specific body areas: Head, Neck, Upper, midback, & lower spine, Wrists, Posture (sitting & standing), Hips & Knees, and Ice Massage. Below is the link to access the exercise video.

ivyrehab.medbridgego.com Access Code: WJBW49TX

*View your exercise videos
Interactive HD videos guide
you with easy to follow
instructions.*

*Learn about your condition
Gain a deeper understanding
of your condition and the
road to health recovery.*

*Track your progress
Keep track of your activity
and progress throughout
treatment and post care.*

Door Prize Winners: Jane Barnes, Louise Rapoport, Annelle Colvins, Jana Bass, Helen Voronin



TREASURER'S TROVE - "Expanding our Financial Security"

Jan Woolsey, Treasurer

* We still have SDANG Tape, magnets, and pin sets available for purchase - contact Jan at treasurer@sdang.org to obtain them.

Total Assets as of 1/31/2022

~ San Diego County Credit Union	\$	35,393.32
~ PayPal	\$	559.70
Total Cash Assets	\$	<u>35,953.02</u>

DON'T BE LATE - SAVE THE DATE!

SDANG'S NEEDLEPOINT EXPO SALE

This is your chance to sell items from your stash.
If you donate, 100% goes to SDANG.

If you are present to sell you item/s, you have the option of retaining 50% & 50% does to SDANG.

DATE: Sunday, July 9TH, 2023 **LOCATION:** Access, 6212 Daniel Ave, SD 92111

DETAILS: Shirley Chin will be teaching new stitchers & have pre-made kits available but welcomes volunteer teachers. **FOOD:** Several Mexican food trucks will be attending the occasion for all to enjoy.

SAN DIEGO COUNTY FAIR at DEL MAR

Theme: "Get Out There" (great outdoors)
Stitching Entry Deadline - May 8th

DATE: Fair runs June 7th – July 4th
SDANG's "Make It & Take It" - TBD **LOCATION:** Del Mar Fair Grounds, Del Mar, CA

FAIR INFO: <https://www.sdfair.com>

SDANG's Participation @ the FAIR: "Make It & Take It"

A Free 1-day Workshop Sponsored by SDANG
Introduce & encourage Fairgoers to the art & fun of needlepoint.

DATE: July 2nd **LOCATION:** Del Mar Fair Grounds, Del Mar, CA

TIME: 12:00-3:00pm **CONTACT:** Lucy Miller | Lcs5829@gmail.com

INFO: **Volunteers needed** – We need 2 demonstrators who will receive a free admission ticket. Participants can choose a free needlepoint kit and we will teach them the tent stitch. There will be other give aways also.

WORKSHOP by Deborah Rowley

October 21-22, 2023

Informational Flyer will be available at a later date with further details.

FRESH FINDS
“Zoom with June “
1st Tuesdays with June McKnight

This is a mini class in partnership with Old World Designs. Each month June will share her needlepoint knowledge & experience on a variety of topics.

July 11th - “Ribbon Tussie-Mussie”
August 1st - “Cross Stitch Family of Stitches

DATE: 1st Tuesdays (*date change)
6:00pm - 7:00pm PST

LOCATION: Zoom link will be sent on registration

COST: \$25/class

CONTACT: Old World Designs @ 650-321-3494
to register & receive Zoom links

“Innovative Idea”



Every stitcher has a bag, box, plastic or metal container, etc which holds all the vital stitching tools & accessories (including snacks). Some years ago, I stitched with a young lady whose life was changed at age 17 and left her with significant mobility issues. She was a great stitcher and a fly-fishing enthusiast. She could carry her stitching accouterment conventionally, but it was difficult & dangerous to retrieve dropped items.

Never backing away from a challenge, she bought a second fly fishing vest (for ladies, of course) and stocked it with her stitching accessories. The stocked vest fit into her carry bag along with her stitching project. She'd show up to stitch & announce “vest up and let's stitch!”

A lady's fly-fishing vest is short, lightweight, and has a myriad of pockets, attachments including loops, places for magnets, retractable cords to hold scissors, etc., and endless possibilities for creative solutions. Anyone who is tired of reaching for dropped items or lacks space to spread out, give this idea a try.

2023 ANG NATIONAL NEWS



50 for 50 Fundraiser: Check the ANG Website for donation information and wonderful products available to support this effort.

2023 Seminar: August 10-14, 2023 in Atlanta, GA - **Registration is OPEN** & class selection is terrific - There's something of interest for every style. Sign up early as classes are 1st come, 1st serve.

2024 Seminar: August 30 – September 6, 2024 in Kansas City, MO



SDANG'S NEEDLE ARTIST GALLERY

Please send pictures of your finished pieces with the following info:

- * Your name & Location
- * Name of the canvas & designer
- * Description & any stitches, embellishments, or techniques used.
- * If the piece is still "on the bars," how do you plan to finish it?

Email your pictures and descriptions to slforste@gmail.com by the 21st of each month.

**Shirley Chin - "All Thy Works"
2016 Judges Choice Award at Shoreline Stitchers Showcase**



The following three pieces were stitched by Linda Mosch, and all are by Terri Bay Needlepoint Designs. They are all stitched on 28-count white Cashel Linen using #8 and #12 perle cotton and DMC floss.

“Nine Square Tray”

2022 EGA Class, Mid-Atlantic Region seminar in Norfolk, VA.



“Black & White Garden”

2020 ANG Virtual Seminar



“Dragonfly Mandala”

2022 ANG Seminar, Tucson, AZ



ZOOM ALERT

To enhance our chapter meeting experience, we're making a simple change to our zoom meeting.

1. As soon as the program is over, we will turn off the zoom on-site camera.
2. Our Remote Members: The social zoom session will continue with Jo Ann Jackson moderating.
3. Our On-site Members: Continue socializing on-site after the program. The building has no time restrictions.

Thank you for your understanding – We're still in "new technology" learning mode.

ZOOM ETIQUETTE

Thank you for your patience as we've been learning how to connect with our members via Zoom. Based on the lessons learned through trial and error. This is what we've learned:

1. Telephone access on the "social zoom calls" has been eliminated.
Rationale: Safety & privacy concerns were raised about members phoning in, attending in silence with only a blank screen during the 4-hour social sessions.
*Telephone access will still be accessible for board and chapter meetings.
2. Full names are required to be displayed on the screen during the meeting (both Video & Telephone access). A temporary name change can be made & switched back after the meeting.
Rationale: The safety, security and connection between members is at risk. Additionally, we've found there are multiple "Pats", "Joannes", "ipads," and names other than that of the member. *Members will be asked to change their names. If you decline, you will be removed from the meeting.
3. Video and sound are to remain "ON" during the meeting. Please "MUTE" yourself when background noise impacts the meeting.
Rationale: We love seeing & hearing from you - not the dog, TV or echoes from the bathroom.
4. Zoom links, Log in codes, Passwords, and In Person sites will be available in multiple locations.
Rationale: We are committed to providing consistent, easy access to all SDANG electronic activities and eliminate the frustrations we've heard.
Locations: The Newsletter's front page, the SDANG website, the ANG website, and Email. is now devoted communication
5. "They are back by popular demand!" Thanks to our moderators, Jennifer Kiss, Margi Thornburgh, Jo Ann Jackson, and Heather Cowan who have agreed to continue.

HIGHLIGHTS From the Lifetime Achievement Awards Luncheon



Sandy Higgins, Honoree



Jill Rigoli, Honoree



Honorees' Table

Center Front: Danica Katz, Jill's daughter
Left: Margi Thornburgh-Sandy's Daughter, Sandy Higgins, Herb Higgins-Husband
Center Back: Jan Woolsey, SDANG Treasurer & Joanne Einhorn, SDANG President
Right: Jill Rigoli & Rachel Rigoli-Jill's daughter



Thyme Plant - Table favors for all attendees.



NEEDLEPOINT RESOURCES

Est. 1972

SANDY'S FINISHING TOUCHES

*Professional Blocking and Finishing
For Your Fine Needlework*

Sandy Higgins

<http://sites.google.com/site/sandysfinishingtouches/home>

(858) 274-0306
sandysfinishing@gmail.com

5455 Soledad Road
La Jolla, CA 92037

FAMILY ARTS ///

NEEDLEWORK

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let's stitch together!

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Have a burgeoning stash? I can help find
new homes for things you would like to sell.

For more information:

Needlearts@comcast.net – 206-406-5642